



# Today's Lesson

  
**In this lesson  
you will learn**

**Salah: Ruku, Sjd**

**Grammar: إِلَى، مَعَ، عِنْدَ**

**Learning tip**

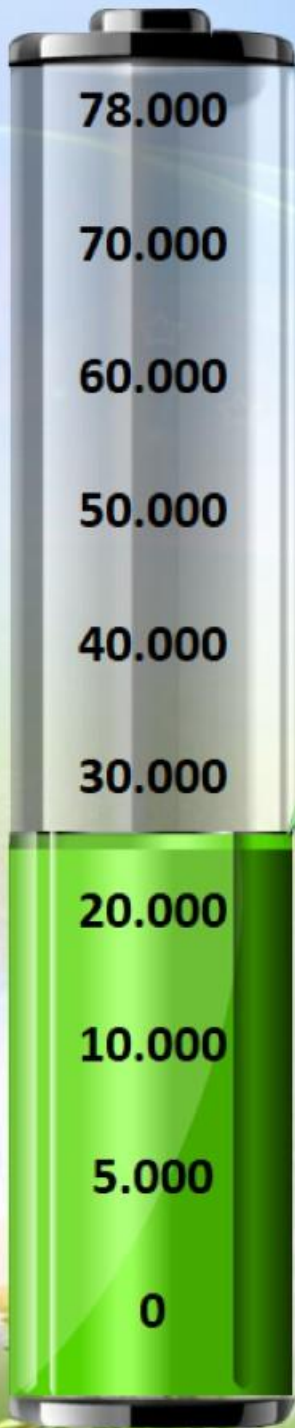
**In this lesson you will learn 17 new words  
which occur in Quran almost 2,815 times**

# Alhamdulillah



By the end of 7<sup>th</sup> lesson, we will learn  
80 words which occur in Quran almost 26,082 times

There are 4,500 words in Quran which are  
repeated almost 78,000 times



الْعَظِيمُ

the Magnificent.

رَبِّي

my Lord,

سُبْحَانَ

Glory be to

سُبْحَانَ اللَّهِ

Allah is free from any  
defects or deficiencies

سُبْحَانَ

Free from Defects

الْعَظِيمُ

the Magnificent.

رَبِّي

my Lord,

سُبْحَانَ

Glory be to

bone

عَظْمٌ



الْعَظِيمُ

the Magnificent.

رَبِّي

my Lord,

سُبْحَانَ

Glory be to

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الْعَظِيمُ

Greatness + strength

## Message from:

حَمِدَهُ

لِمَنْ

سَمِعَ اللَّهُ

praised Him.

to the one who

Allah has listened

- Allah listens to everyone. Here it means that Allah responds to the one who praises Him and answers his prayers.
- Allah does not need our praise for Him. It does not benefit him at all. He does not lose anything if we don't praise Him. Only we benefit by praising Him.

## Message from:

رَبَّنَا	وَلَكَ	الْحَمْدُ
Our Lord!	[and] to You	(be) all the praise.

**Say it with 3 feelings:**

- 1. You are Rabb**
- 2. Our Rabb**
- 3. Hamd belong to You only.**



## Message from:

رَبَّنَا	وَلَكَ	الْحَمْدُ
Our Lord!	[and] to You	(be) all the praise.

- **Visualize His best qualities: O Allah! You are the most Merciful, Most Powerful, Best Creator, and Best Designer.**
- **Say it from the depth of your heart.**

# One more Dhikr of Rukoo

The Messenger of Allah ﷺ used to say this while raising his head from Rukoo:

"سَمِعَ اللَّهُ لِمَنْ حَمِدَهُ رَبَّنَا وَلَكَ الْحَمْدُ

مِلْءَ السَّمَوَاتِ وَمِلْءَ الْأَرْضِ وَمِلْءَ مَا بَيْنَهُمَا

وَمِلْءَ مَا شِئْتَ مِنْ شَيْءٍ بَعْدُ"-

(Tirmidhi)

مِلْءَ السَّمَوَاتِ وَمِلْءَ الْأَرْضِ وَمِلْءَ مَا بَيْنَهُمَا،

in between  
them.

and filling  
what (is)

and filling the  
earth

filling the skies

مَلَأَ، يَمْلَأُ

1

مِلْءَ

filling

## Practice with imagination; feelings & prayer

مِلءَ السَّمَوَاتِ وَمِلءَ الْأَرْضِ وَمِلءَ مَا بَيْنَهُمَا،

in between  
them.

and filling  
what (is)

and filling  
the earth

filling  
the skies



## Practice with imagination; feelings & prayer

بَعْدُ	مِنْ شَيْءٍ	سِئْتِ	وَمِلَّءَ مَا
after this	from anything	You will	and filling all those things what



# Zikr of Sajdah (سَجْدَة)

الأَعْلَى	رَبِّي	سُبْحَانَ
the Exalted.	my Lord,	Glory be to

**We have learnt this already in Rukoo'**

## Message from:

الأَعْلَى	رَبِّي	سُبْحَانَ
the Exalted.	my Lord,	Glory be to

- (1) Allah is free from defects
  - (2) He is Rabb
  - (3) He is my Rabb
  - (4) He is الأَعْلَى i.e., the highest, the topmost. I am in the lowest position on this earth and my Rabb is the highest on His Throne.
- We are nearest to Allah in the position of Sajdah.



## Message from:

الأَعْلَى	رَبِّي	سُبْحَانَ
the Exalted.	my Lord,	Glory be to

- Latest research shows that we need to have two things for a successful and happy life: Positive attitude and Gratitude. We have learned about gratitude. Every Qiyam in Rakah of our Salah start from **الْحَمْدُ لِلَّهِ** and ends with **وَلَكَ الْحَمْدُ** . Now let us see Tasbeeh:

## Message from:

الأَعْلَى	رَبِّي	سُبْحَانَ
the Exalted.	my Lord,	Glory be to

- Allah has kept many things to test us like nose, face, physique, family, country and its situation etc. These tests are also faultless. As an obedient slave, we should ask Allah's help to fulfill our duties without complaining. We must ask Allah: O Allah! Please solve my problems and correct my conditions in order to achieve success in this world and in the hereafter.

## Message from:

الأَعْلَى	رَبِّي	سُبْحَانَ
the Exalted.	my Lord,	Glory be to

- While reciting Tasbeeh, we bow down and we put our face on earth & say رَبِّي with love and affection. As if we are saying, O Allah! I am totally satisfied and do not have any complaint. If we do Tasbeeh with this feeling and manner then we can develop a strong Positive Attitude. The present day so called “Success Experts” can’t give even 1% of it.

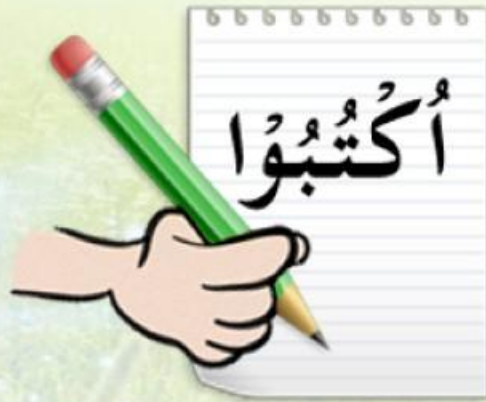
## Message from:

الأَعْلَى	رَبِّي	سُبْحَانَ
the Exalted.	my Lord,	Glory be to

- Remember, whatever Allah does is perfect. The situation we are in is either a test and/or due to our own faults. We should pray to Allah to help us do our best in whatever situation we are in or change it the best way. This is the secret of success.


# Practice with imagination; feelings & prayer

الأَعْلَى	رَبِّي	سُبْحَانَ
the Exalted.	my Lord,	Glory be to



# Tasbeeh and Success!

- **Ask: O Allah! Help me to accept every test of my life and not have any complaint against You. Never should I say: Why did this happen to me?**
- **Evaluate: How many times do I complain about my color, nose, face, physique, family, weather, country, etc.**
- **Plan: I will try to never do that again!**
- **Propagate.**



**Lets take a break now  
and then study  
Grammar & Learning tips**

**Lesson 7b**